



## CanSkate (Learn-to-Skate) and Hockey Buddies

**New six-week programs now include Hockey Buddies\* option  
Classes run twice a week (your choice of days/location)**

**Mon. 5:00 - 6:00 PM Gibsons**

**Tue. 4:15 - 5:15 PM Gibsons**

**Wed. 5:15 - 6:15 PM Sechelt**

**Thu. 4:15 - 5:15 PM Sechelt**

**Classes start September 26**

**Session #1: Sept. 26 - Nov. 3/11**

**Session #2: Nov. 7 - Dec. 15/11**

**Session #3: Jan. 3 - Feb. 9/12**

**Session #4: Feb. 13 - March 29/12**

*Register for full season (Sept. to March) & save \$40!*

**Register on-line at [coastregistry.com/clubs/sunshinecoast](http://coastregistry.com/clubs/sunshinecoast)**

**CanSkate:** *Canada's **only** national learn-to-skate program was developed by experts to teach the fundamentals of skating in a progressive and sequential manner. Designed for beginners of all ages, the focus is on fun, participation and basic skill development. Once the basic skills are developed, skaters are ready to move on to hockey, figure skating and speedskating.*

**\*Hockey Buddies - A jump start to hockey basic skills:** *Taught by Nationally-Certified coaches, this optional CanSkate component focuses on the basic fundamentals including balance skills, forward and backward skating, stopping and turning. Hockey gear is not mandatory.*

**For more information** contact SCSC Registrar Deborah Clements at  
604-886-9451 or [registration@sunshinecoastskatingclub.ca](mailto:registration@sunshinecoastskatingclub.ca)

**[www.sunshinecoastskatingclub.ca](http://www.sunshinecoastskatingclub.ca)**