

## Sunshine Coast Skating Club Interim Ice Schedule

**Sept. 5<sup>th</sup>, 2017 – Sept. 25<sup>th</sup>, 2018**

### GIBSONS ARENA

Monday	Tuesday	Wednesday	Thursday	Friday
				6:00-6:45am Group STAR
				6:45-7:15am Open STAR
				7:15-8:00am Open STAR
3:45-4:45pm Jr. Academy	3:30-3:45pm CanSkate Off Ice Warm-up	3:45-4:00pm CanSkate Off Ice Warm-up	3:45-4:45pm Jr. Academy	
4:45-5:00pm Ice Clean	3:45-4:30pm CanSkate	4:00-4:45pm CanSkate	4:45-5:00pm Ice Clean	
5:00-5:30pm Group Dance/Skills STAR	4:30-4:45pm Ice Clean	4:45-5:00pm Ice Clean	4:45-5:00pm Canskate Off Ice Warm-up	
5:30-6:00pm Group STAR	4:45-5:15pm Group STAR	5:00-5:30pm Group Dance/Skills Jr. Ac/STAR Combined	5:00-5:45pm Canskate	
6:00-6:30pm FreeSkate STAR	5:15-5:45pm Freeskate STAR	5:30-6:00pm Group Skills/Dance Jr. Ac/STAR Combined	5:45-6:00pm Ice Clean	
	6:00-7:00pm Dryland Jump Skills & Performance Development Jr/STAR Combined, rm. 219c	6:00-6:30pm Group Jr. Academy/STAR Combined	6:00-6:30pm Group STAR	
		6:30-7:15pm Freeskate Jr. Academy/STAR Combined	6:30-7:15pm Freeskate STAR	

<b>Legend:</b>	CanSkate	Jr. Academy	STAR
Ice Clean	CanPower	Jr. Academy/STAR (Combined sessions)	Dryland/Off ice training

**Those wishing to skate on STAR ice will need to book private lessons (this can be semi private, mini group or private).  
Please contact the Director of Skating Lesleigh Farr to book.**

**No Skating/Modified Schedule:** Monday Sept 4<sup>th</sup>, 2016 (Labour Day) – no skating